

Abbreviated Study by Subject List

Click on titles below. This abbreviated list is in a generally progressive order—designed to be studied in the order listed. This list is not complete, and includes only the materials that significantly cover the subject. For a complete list, look at the [Study by Subject](#) page on the Kappeler Institute website.

Christian Science as a Science	Level of Difficulty
Christian Science in the World of Today and Tomorrow	Beginning
The New Model of the Scientist in the Next Millennium (<i>Newsletter #6, Winter 1999</i>)	Beginning
Why Study Christian Science as a Science?	Beginning
X-27: Why Study Christian Science as a Science (audiobook, 2 hours, mp3)	Beginning
M-17: Why Study Christian Science as a Science? (3 hours, mp3)	Beginning
What is the Science of Being?	Beginning
“Stately Science Pauses Not” (S&H 566:9)	Beginning
Introduction to the Science of Christian Science	Beginning
From the Physical, Through the Mental, To the Spiritual (<i>Joel Jessen, editor</i>)	Beginning
J-6: The Science of Being: The emergence of a divine philosophy (<i>Joel Jessen</i>) (22 hours, mp3)	Beginning
J-7: The Education of the Future in the Light of Christian Science (<i>Joel Jessen</i>) (5 hours, mp3)	Beginning
Logical Reasoning in Christian Science	Beginning
X-2: The Logic of Christian Science (5 hours, mp3)	Beginning
X-1: Mary Baker Eddy as a Divine Scientist (6 hours, mp3)	Beginning
B-6V: Structural Consciousness (2 hours, mp3)	Beginning

Preparing Yourself to Study Science	Level of Difficulty
From the Physical, Through the Mental, To the Spiritual (<i>Joel Jessen, editor</i>)	Beginning
The Psychology of Spirit	Beginning

Preparing Yourself to Study Science - <i>cont.</i>	Level of Difficulty
“Scientific Obstetrics” (S&H p.463)	Beginning
X-11: Scientific Obstetrics: Giving birth to the idea (2 hours, mp3)	Beginning
The Necessary Change of Standpoint	Beginning
The Science of Prayer	Beginning
The Ordered Approach to the One Being	Beginning
J-10: The Eight Ordered Steps to Finding our Oneness with Being (<i>Joel Jessen</i>) (10 hours, mp3)	Beginning
B-2: From Atomistic Thinking to Cybernetic Comprehensive Consciousness (27 hours, mp3)	Intermediate
Introduction to the Science of Christian Science	Beginning
X-28: Introduction to the Science of Christian Science (8 hours, mp3)	Beginning
The Law of the Self-evolution of Scientific Spiritual Understanding	Intermediate

Introduction to the Divine System of Reference: The 7, the 4, and the 4	Level of Difficulty
From the Physical, Through the Mental, To the Spiritual (<i>Joel Jessen, editor</i>)	Beginning
The Bible in the Light of Christian Science, Volume I: Genesis	Beginning
The Christian Science Textbook: <i>Science and Health with Key to the Scriptures</i> by Mary Baker Eddy—Our way of life and our teacher	Beginning
“Stately Science Pauses Not” (S&H 566:9)	Beginning
Introduction to the Science of Christian Science	Beginning
X-28: Introduction to the Science of Christian Science (8 hours, mp3)	Beginning
A-1: An Introduction to the Science of Christian Science (18 hours, mp3)	Beginning
M-3: The Divine System of Reference	Beginning
J-6: The Science of Being: The emergence of a divine philosophy (<i>Joel Jessen</i>) (22 hours, mp3)	Beginning
A-4: The Structure-principle of Being: Our need for a divine system of reference (25 hours, mp3)	Beginning

The 7 Synonymous Terms for God	Level of Difficulty
What is God? The Development of the Concept of God in the Bible and the Christian Science Textbook (<i>Newsletter #9, Spring 2001</i>)	Beginning
The Seven Synonyms for God (Chapters 1–7)	Beginning
Complete Compendium for the Study of Christian Science	Beginning
From the Physical, Through the Mental, To the Spiritual (<i>Joel Jessen, editor</i>)	Beginning
J-1: The 7 Synonymous Terms for God (S&H 465:10) (24 hours, mp3)	Beginning
X-6: The Tonality of the 7 Synonyms for God (5 hours, mp3)	Beginning
A-5: A Seminar on the 7 Synonyms for God (23 hours, mp3)	Beginning
M-5: The 7 Synonymous Terms for God (1 hour mp3)	Beginning
M-33: The Days of the Creation Become the Numerals of Infinity (4 hours, mp3)	Beginning
A-6I: Syllabus I (33 hours, mp3)	Intermediate
Metaphysics and Science in Christian Science	Intermediate
A-6II: Syllabus II (28 hours, mp3)	Intermediate
M-37: Exercises in the Blending of Ideas of the 7 Synonyms for God (4 hours, mp3)	Intermediate
A-6III: Syllabus III (27 hours, mp3)	Intermediate
M-16: The Dimensional Structuring of the Ideas of the 7 Synonyms for God (7 hours, mp3)	Advanced
D-3: The 7 Synonymous Terms for God: Symbols of the dimensional translatability of God (8 hours, mp3)	Advanced
A Study Aid for the Science of Christian Science	Beg.–Adv.

The 4-fold Operation of Being	Level of Difficulty
How Does God Operate? The 4-fold operation of Being (<i>Newsletter #10, Autumn 2001</i>)	Beginning
From the Physical, Through the Mental, To the Spiritual (<i>Joel Jessen, editor</i>)	Beginning
The Four Levels of Spiritual Consciousness	Intermediate
M-29: Examples of the 4-fold Operation: Word, Christ, Christianity, Science (3 hours, mp3)	Intermediate
M-28: The 4-fold Operation of Being (6 hours, mp3)	Intermediate

The 4-fold Operation of Being - <i>cont.</i>	Level of Difficulty
M-43: The 4-fold Operational Consciousness (1 hour mp3)	Intermediate
A-6IV: Syllabus IV (25 hours, mp3)	Advanced
“The Science of Prayer (Part II: The Lord’s Prayer: Its Scientific Interpretation)	Intermediate
M-27: “The Lord’s Prayer”: Considered according to the 7 synonyms for God interwoven with the 4-fold operation of Being (1 hour mp3)	Intermediate
When I Think of John W. Doorly I: “Scientific Obstetrics”	Intermediate
The One Man	Intermediate
A Study Aid for the Science of Christian Science	Beg. – Adv.

The 4 Levels of Science	Level of Difficulty
From the Physical, Through the Mental, To the Spiritual (<i>Joel Jessen, editor</i>) (Chapter 7)	Beginning
The Four Levels of Spiritual Consciousness	Intermediate
M-45: A Short Review of the 4 Levels of Science (3 hours, mp3)	Intermediate
The Seven Synonyms for God (Chapter 7)	Intermediate
D-1: The 4 Levels of Science (24 hours, mp3)	Intermediate
M-44: A Seminar Discussion with Students Concerning the 4 Levels of Science (4 hours, mp3)	Intermediate
M-30: The Dimensional Consciousness of the One Being (3 hours, mp3)	Intermediate
M-31: The Concept of Dimensionalism (1 hour mp3)	Intermediate
M-32: The Tones of the 4 Levels of Science (5 hours, mp3)	Intermediate
A-6V: Syllabus V (25 hours, mp3)	Advanced
Understanding the 4 Levels of Science Through Consideration of the Question: What is Evil? (<i>Newsletter #11, Spring 2002</i>)	Advanced
M-46: Handling Evil: The 4 Levels of Science (2 hours, mp3)	Advanced
M-47: The Question of Evil as Seen from the 4 Levels of Science (1 hour mp3)	Advanced
M-48: Practice on the 4 Levels of Science (3 hours, mp3)	Advanced

The 4 Levels of Science – <i>cont.</i>	Level of Difficulty
A Study Aid for the Science of Christian Science	Beg. – Adv.
Culturing Consciousness in the Tonality of Love (<i>Newsletter #16, Spring 2009</i>)	Advanced
The 8 Ordered Steps to Our Oneness with Being (<i>Newsletter #17, Spring 2010</i>)	Advanced

Divine Cybernetics	Level of Difficulty
X-15: Divine Cybernetics (2 hours, mp3)	Beginning
From the Physical, Through the Mental, To the Spiritual (<i>Joel Jessen, editor</i>) (Chapter 8)	Beginning
M-38: Introduction to Divine Cybernetics (2 hours, mp3)	Beginning
The Four Levels of Spiritual Consciousness	Intermediate
B-2: From Atomistic Thinking to Cybernetic Comprehensive Consciousness (27 hours, mp3)	Intermediate
D-2: Divine Cybernetics: The proto-science, the integral Science (20 hours, mp3)	Intermediate
M-26: “Idea” Within the Framework of Divine Cybernetics (1 hour mp3)	Intermediate
A Study Aid for the Science of Christian Science	Beg. – Adv.

The Model of Being / The Laws of Being	Level of Difficulty
From the Physical, Through the Mental, To the Spiritual (<i>Joel Jessen, editor</i>) (Chapter 8)	Beginning
The Four Levels of Spiritual Consciousness	Intermediate
G-3: The Model of Being and its Universal Laws (25 hours, mp3)	Intermediate
D-3: The 7 Synonymous Terms for God: Symbols of the dimensional translatability of God (8 hours, mp3)	Intermediate
D-4: Divine Cybernetics and the Self-operating “Dimensional Laws” of the One Being, God (24 hours, mp3)	Advanced
E-1: The Structure of Being and its Universal Laws (39 hours, mp3)	Advanced
JG-series: The Model of Being (<i>Joel Jessen</i>) (JG-1, JG-2, JG-3 = 58 hours, mp3)	Advanced
A Study Aid for the Science of Christian Science	Beg. – Adv.

Matrices	Level of Difficulty
The Minor Prophets in the Light of Christian Science	Advanced
F-1A: The Minor Prophets: The laws of the Christ (25 hours, mp3)	Advanced
The Epistles in the Light of Christian Science	Advanced
F-2A: The Epistles: The laws of scientific Christianity (23 hours, mp3)	Advanced
The Structure of the Christian Science Textbook—Our Way of Life, Vol. I, Revelation of the Structure	Intermediate
From the Physical, Through the Mental, To the Spiritual (<i>Joel Jessen, editor</i>) (Chapter 12)	Beginning
C-4: The Matrix of Science and Health: An overview (24 hours, mp3)	Intermediate
C-6: Exercises in Culturing Consciousness According to the Matrix of <i>Science and Health</i> (26 hours, mp3)	Advanced
E-2: The Matrix of Immortality: Code of divine laws (24 hours, mp3)	Advanced
When I Think of John W. Doorly, II: Introduction to the Matrix Consciousness	Advanced
The Seven Synonyms for God (Chapter 8+)	Intermediate
The Law of the Self-evolution of Scientific Spiritual Understanding	Intermediate
G-7: The Law of the Self-evolution of Understanding Through the Idea of Christian Science (27 hours, mp3)	Advanced
The Dissolving of Duality as Presented in the 16 th Chapter of the Christian Science Textbook (“The Apocalypse”)	Advanced
Truth and Scientific Truth	Advanced
A Study Aid for the Science of Christian Science	Beg. – Adv.

Metaphysics and Science	Level of Difficulty
B-6I: Fundamental Questions on the Science of Christian Science, PART 1: <i>The Steps from Metaphysics to Science</i> (8 hours, mp3)	Beginner
Metaphysics and Science in Christian Science	Intermediate
X-8: Metaphysics Contrasted with Science (2 hours, mp3)	Intermediate

Handling Evil / Mortal Consciousness	Level of Difficulty
From the Physical, Through the Mental, To the Spiritual (<i>Joel Jessen, editor</i>) (Chapter 8)	Beginning
The Pioneer of Truth is Blessed	Beginning
M-10: Debunking Mortal Consciousness (4 hours, mp3)	Beginning
Notes on Handling Evil with References from the Work of Mary Baker Eddy	Intermediate
M-14: The Development of Handling of Animal Magnetism in <i>Science and Health</i> (3 hours, mp3)	Intermediate
Animal Magnetism—Unmasked	Intermediate
X-10: How Ideas Dissolve Illusions (3 hours, mp3)	Advanced
X-5: The Problem of Handling Evil (6 hours, mp3)	Advanced
This Lie Called Evil (<i>Denise Breton</i>)	Beginning
M-46: Handling Evil: The 4 Levels of Science (2 hours, mp3)	Advanced
M-47: The Question of Evil as seen from the 4 Levels of Science (1 hour mp3)	Advanced

The Bible in the Light of Science	Level of Difficulty
Complete Compendium for the Study of Christian Science (<i>Compendium #1–3</i>)	Intermediate
The Science of Prayer (<i>Part II: The Lord's Prayer</i>)	Beginning
The Bible in the Light of Christian Science, Volume I: Genesis	Beginning
The Bible in the Light of Christian Science, Volume II: Exodus	Intermediate
M-33: The Days of Creation become the Numerals of Infinity (4 hours, mp3)	Beginning
The Spiritual Breakthrough to the Next Millennium	Intermediate
M-13: The 1000-year Periods in Biblical History Found in “The Minor Prophets” in the Bible (3 hours, mp3)	Beginning
M-15: The 1000-year Periods in Biblical History (4 hours, mp3)	Beginning
M-18: Symbol and Reality: Evolving through the 1000-year periods in the Bible (1 hour mp3)	Intermediate
B-6II: Fundamental Questions on the Science of Christian Science, Part 2: <i>Advancing Spiritual Consciousness</i> (7 hours, mp3)	Intermediate

The Bible in the Light of Science – <i>cont.</i>	Level of Difficulty
The Bible in the Light of Christian Science, Volume III: Joshua, Judges	Intermediate
The Bible in the Light of Christian Science, Volume IV: I & II Samuel	Intermediate
M-42: I & II Samuel—The David Story (5 hours, mp3)	Intermediate
The Minor Prophets in the Light of Christian Science	Advanced
F-1: The Minor Prophets in the Light of Christian Science (32 hours, mp3)	Advanced
F-1A: The Minor Prophets: The laws of the Christ (25 hours, mp3)	Advanced
The Epistles in the Light of Christian Science	Advanced
F-2: The Epistles in Light of Christian Science (31 hours, mp3)	Advanced
F-2A: The Epistles: The laws of scientific Christianity (23 hours, mp3)	Advanced
F-4: The Gospel of St. John in the Light of Christian Science (28 hours, mp3)	Advanced
F-5: The Practical Implications of the Spiritual Structure of the Gospel of St. John (26 hours, mp3)	Advanced
M-52: The State of the World Today: The global crisis (4 hours, mp3)	Beginning
X-26: John W. Doorly is Speaking (1 hour mp3)	Beginning
Only Science Reveals	Intermediate

The Structure of the Christian Science Textbook	Level of Difficulty
The Christian Science Textbook: <i>Science and Health with Key to the Scriptures</i> by Mary Baker Eddy—Our way of life and our teacher	Beginning
The Structure of the Christian Science Textbook—Our Way of Life, Vol. I, Revelation of the Structure	Beginning
“Stately Science Pauses Not” (S&H 566:9)	Beginning
M-20: The Structure of the Christian Science Textbook: An Overview (2 hours, mp3)	Beginning
M-12: The Structural Method of Science (2 hours, mp3)	Intermediate
Epitomes for the Spiritually Structured Interpretation of the Christian Science Textbook	Advanced
The C-1 series: The Structure of the Christian Science Textbook—Our Way of Life (S&H Ch. I–XVI) (17 CDs, 289 hours)	Beginning

The Structure of the Christian Science Textbook – <i>cont.</i>	Level of Difficulty
The C-2 series: The Christian Science Textbook: A workshop on text-interpretation (S&H Ch. I–V) (7 CDs, 102 hours)	Advanced
JC-2S series: Science, Theology, Medicine (Joel Jessen) (2 CDs, 48 hours)	Intermediate
M-34: The Structure of the Christian Science Textbook: The logic of the 16 Chapters (5 hours, mp3)	Intermediate
C-3: The 16 Aspects of Oneness in <i>Science and Health</i> (6 hours, mp3)	Intermediate
C-4: The Matrix of Science and Health: An overview (24 hours, mp3)	Intermediate
C-6: Exercises in Culturing Consciousness According to the Matrix of <i>Science and Health</i> (26 hours, mp3)	Intermediate
M-6: The Developing Idea of Oneness (4 hours, mp3)	Intermediate
The Science of the Oneness of Being in the Christian Science Textbook	Advanced
C-7: The Science of Oneness in the Christian Science Textbook (23 hours, mp3)	Advanced

The History and Development of the Science of Christian Science	Level of Difficulty
Christian Science in the World of Today and Tomorrow	Beginning
M-19: The Development of the Science of Christian Science Since Mary Baker Eddy (3 hours, mp3)	Beginning
M-11: The New and The Old Concept of Science (1 hour mp3)	Beginning
Metaphysics and Science in Christian Science	Intermediate
The Development of the Christian Science Idea and Practice	Intermediate
M-22: The Development of the Idea of Oneness from the Bible to Mary Baker Eddy's Scientific Revelation (2 hours, mp3)	Intermediate
X-1: Mary Baker Eddy as a Divine Scientist (2 hours, mp3)	Intermediate
X-12: The History of the Medical Sciences and Their Philosophies (2 hours mp3)	Beginning
Taking Responsibility for the Idea	Advanced
X-26: John W. Doorly is Speaking (1 hour mp3)	Beginning

Healing and Christian Science Practice	Level of Difficulty
"He Shall Never See Death" (St. John 8:51)	Beginning
M-9: Healing (2 hours, mp3)	Beginning
M-8: The Development of the Healing Practice (2 hours, mp3)	Intermediate
The Development of the Christian Science Idea and Practice	Intermediate
M-50: Aim, Method, and Success of Healing (1 hour mp3)	Intermediate
B-3: Christian Science Practice: Based on the Science of divine revelation (25 hours, mp3)	Intermediate
M-35: Healing in the 16 Chapters of the Christian Science Textbook (5 hours, mp3)	Intermediate
M-36: Healing on the Levels of absolute Christian Science, divine Science, and Science itself (3 hours, mp3)	Intermediate
M-48: Practice on the 4 Levels of Science (3 hours, mp3)	Advanced
M-7: Principle and Practice are One (2 hours, mp3)	Intermediate
X-4: "Christian Science Practice": Chapter XII in Science & Health (2 hours, mp3)	Intermediate
M-21: The Impact of the Divine Idea on the World (1 hour mp3)	Intermediate
M-2: The Universal Life-Principle (1 hour mp3)	Intermediate

The Christ-idea	Level of Difficulty
The Christ-idea	Beginning
B-6III: Fundamental Questions on the Science of Christian Science (Part 3): The Christ (8 hours, mp3)	Intermediate
Man: The Thinker—or the Thought?	Intermediate
M-40: The Christ-idea vs. Human Thinking (1.5 hours, mp3)	Beginning
M-24: The Two Translations (2 hours, mp3)	Intermediate
M-39: The Relationship Between the Two Translations of the Christ (2 hours, mp3)	Intermediate
M-25: The Implications of the Two Translations (2 hours, mp3)	Intermediate
X-7a: Idea and Ideas (4 hours, mp3)	Intermediate
X-7b: The History of the Term "Idea" (1 hour mp3)	Intermediate

The Christ-idea - <i>cont.</i>	Level of Difficulty
X-10: How Ideas Dissolve Illusions (3 hours, mp3)	Intermediate

The Ascending and Descending Ways	Level of Difficulty
From the Physical, Through the Mental, To the Spiritual (<i>Joel Jessen, editor</i>), see Ch.15	Beginning
The Ordered Approach to the One Being	Intermediate
X-13: The Eight Ordered Steps to Finding our Oneness with Being (1 hour mp3)	Beginning
J-10: The Eight Ordered Steps to Finding our Oneness with Being (<i>Joel Jessen</i>) (10 hours, mp3)	Beginning
The Four Levels of Spiritual Consciousness	Intermediate
B-6IV: Ascending and Descending in the 4 Levels of Science (2 hours, mp3)	Intermediate
A-6V: Syllabus V (25 hours, mp3)	Advanced

Christian Science - Government & Ethics	Level of Difficulty
Christian Government—Its Scientific Evolution	Beginning
“Quo vadis?” Where are you going, Christian Scientist?	Beginning
M-23: The Ethics of Christian Science (1 hour mp3)	Beginning
J-8: Theocracy in the Light of Christian Science (<i>Joel Jessen</i>) (4 hours mp3)	Beginning
A Statement by John W. Doorly (<i>John W. Doorly</i>)	Beginning

Christian Science on World Issues	Level of Difficulty
Christian Science in the World of Today and Tomorrow	Beginning
G-4: The Spiritual Challenge of Today (1 hour mp3)	Beginning
G-5: The World’s Problems Today—and We? (1.5 hours mp3)	Beginning

Christian Science on World Issues - <i>cont.</i>	Level of Difficulty
G-2: The Science of Being—As I See It Today (8 hours mp3)	Beginning
M-4: The Contribution of Christian Science to the World (1 hour mp3)	Beginning
M-21: The Impact of the Divine Idea on the World (1 hour mp3)	Intermediate
M-52: The State of the World Today: The global crisis (4 hours mp3)	Beginning
J-7: The Education of the Future in the Light of Christian Science (Joel Jessen) (5 hours mp3)	Beginning
J-8: Theocracy in the Light of Christian Science (Joel Jessen) (4 hours mp3)	Beginning
Man: The Thinker—or the Thought?	Intermediate
Evolution—Material or Spiritual?	Beginning
From the Physical, Through the Mental, To the Spiritual, Chapter 13 (Joel Jessen, editor)	Beginning